



## WholeHealth Living Choices Group Summary

---

### Plan Description

- Through your contract with WholeHealth Networks, Inc. (WHN), a subsidiary of Tivity Health Support, LLC, you have agreed to extend a discount to members of our WHN affiliated health plans. **Members pay you cash for your services** minus the agreed upon discount.
- Members are required to present their insurance ID card or their WHN Alternative Health and Wellness Certificate to receive the discount.

### Participating Health plans & Employer groups

- American Electric Power (National Employer Program)
- Bankers Life
- BCBS DE
- BCBS MA
- BCBS Mountain State (WV)
- BCBS AR (Silver Sneaker members only)
- Careington International Corporation
- CarePlus
- Connecticare
- Coventry Healthcare of FL
- Kaiser WA (PT, Pilates, Yoga and Tai Chi)
- Harvard Pilgrim (Acu and Chiro)
- Highmark BCBS
- HMSA- (HI)
- Humana –Acupuncture, Chiropractic & Massage only
- MediGold (Mount Carmel Health Plan)
- New Benefits
- Prime
- SCAN
- UCare
- US Family Health Plan, Martin’s Point (ME)
- US Family Health Plan, Christus (TX)
- US Family Health Plan, Pacific Medical Center (WA)
- Wellcare

All plans are national unless indicated. If you have additional questions, please contact us at 1-800-274-7526.